

# Bridgeport Public Schools July 2021 Summer Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>	
<p style="text-align: center;"><b><u>Daily Breakfast Offerings:</u></b></p> <ul style="list-style-type: none"> <li>Grain/Grain Equivalent (1-2 oz)</li> <li>100% Orange Juice (T/TH/Sat) or Assorted Fresh, Dried or Canned Fruit (M/W/F/Sun) (1/2 Cup)</li> <li>1% White, Skim or Fat-Free Flavored Milk (8 oz)</li> </ul>		<p style="text-align: center;"><b><u>Daily Lunch Offerings:</u></b></p> <ul style="list-style-type: none"> <li>Meat/Meat Alternative (2oz)</li> <li>Grain/Grain Equivalent (1-2 oz)</li> <li>Assorted Fresh, Dried or Canned Fruit (1/2 Cup)</li> <li>Vegetables (1/2c)</li> <li>1% White, Skim or Fat-Free Flavored Milk (8 oz)</li> </ul>		<p><b>7/1</b> <b>Breakfast:</b> WG French Toast Sticks <b>Lunch:</b> WG French Bread Pizza Bean Salad</p>	<p><b>7/2</b> <b>Breakfast:</b> WG Cinnamon Waffle <b>Lunch:</b> WG Chicken Drumstick &amp; a WG Dinner Roll Broccoli</p>	<p><b>7/3</b> <b>Breakfast:</b> WG, RS Fruity Cheerios <b>Lunch:</b> Turkey &amp; Cheese on a WG Roll Mixed Vegetables</p>	<p><b>7/4</b> <b>Breakfast:</b> WG, RS, Cinnamon Toast Crunch <b>Lunch:</b> Cheeseburger on a WG Roll &amp; Potato Tots</p>
<p><b>7/5</b> <b>Breakfast:</b> WG, RS, Golden Grahams <b>Lunch:</b> Turkey &amp; Cheese on a WG Roll Mixed Vegetables</p>	<p><b>7/6</b> <b>Breakfast:</b> WG, RS Cinnamon Toast Crunch <b>Lunch:</b> WG Chicken Tenders Collard Greens</p>	<p><b>7/7</b> <b>Breakfast:</b> Assorted WG Muffin <b>Lunch:</b> Meatballs &amp; Marinara Sauce on a WG Roll Sweet Potato Waffle Fries</p>	<p><b>7/8</b> <b>Breakfast:</b> WG French Toast Sticks <b>Lunch:</b> WG 6" Round Pizza Bean Salad</p>	<p><b>7/9</b> <b>Breakfast:</b> WG Blueberry Pancakes <b>Lunch:</b> Cheeseburger on a WG Roll Baked French Fries</p>	<p><b>7/10</b> <b>Breakfast:</b> WG, RS, Fruity Cheerios <b>Lunch:</b> Turkey Ham &amp; Cheese on a WG Croissant 100% Vegetable Juice</p>	<p><b>7/11</b> <b>Breakfast:</b> WG, RS, Cinnamon Toast Crunch <b>Lunch:</b> Turkey &amp; Cheese on a WG Roll &amp; Green Beans</p>	
<p><b>7/12</b> <b>Breakfast:</b> WG Fruit &amp; Grain Bar <b>Lunch:</b> WG Chicken Parmesan on a WG Roll Broccoli</p>	<p><b>7/13</b> <b>Breakfast:</b> WG Breakfast Chicken Filet on a WG Biscuit <b>Lunch:</b> Cheeseburger on a WG Roll Baked French Fries</p>	<p><b>7/14</b> <b>Breakfast:</b> Assorted WG Muffin <b>Lunch:</b> Turkey Ham &amp; Cheese on a WG Croissant Sweet Potato Waffle Fries</p>	<p><b>7/15</b> <b>Breakfast:</b> WG French Toast Sticks <b>Lunch:</b> WG 4x6 Pizza Bean Salad</p>	<p><b>7/16</b> <b>Breakfast:</b> WG Banana Bread <b>Lunch:</b> WG Chicken Nuggets Corn</p>	<p><b>7/17</b> <b>Breakfast:</b> WG, RS, Fruity Cheerios <b>Lunch:</b> Turkey Ham &amp; Cheese on a WG Croissant 100% Vegetable Juice</p>	<p><b>7/18</b> <b>Breakfast:</b> WG, RS, Cinnamon Toast Crunch <b>Lunch:</b> WG Grilled Cheese Sandwich Green Beans</p>	
<p><b>7/19</b> <b>Breakfast:</b> WG, RS, Golden Grahams <b>Lunch:</b> Chicken, Turkey Ham &amp; Cheese Sandwich 100% Vegetable Juice</p>	<p><b>7/20</b> <b>Breakfast:</b> WG Blueberry Pancakes <b>Lunch:</b> WG Mozzarella Sticks Marinara Sauce</p>	<p><b>7/21</b> <b>Breakfast:</b> Assorted WG Muffin <b>Lunch:</b> Sloppy Joe on a WG Bun Mixed Vegetables</p>	<p><b>7/22</b> <b>Breakfast:</b> WG French Toast Sticks <b>Lunch:</b> WG French Bread Pizza Bean Salad</p>	<p><b>7/23</b> <b>Breakfast:</b> WG Fruit &amp; Grain Bar <b>Lunch:</b> WG Chicken Drumstick &amp; a WG Dinner Roll Broccoli</p>	<p><b>7/24</b> <b>Breakfast:</b> WG, RS Fruity Cheerios <b>Lunch:</b> Turkey &amp; Cheese on a WG Roll Mixed Vegetables</p>	<p><b>7/25</b> <b>Breakfast:</b> WG, RS, Cinnamon Toast Crunch <b>Lunch:</b> Cheeseburger on a WG Roll Baked French Fries</p>	
<p><b>7/26</b> <b>Breakfast:</b> WG, Crunchmania <b>Lunch:</b> WG Mozzarella Sticks Marinara Sauce</p>	<p><b>7/27</b> <b>Breakfast:</b> WG, RS Cinnamon Toast Crunch <b>Lunch:</b> WG Chicken Tenders Collard Greens</p>	<p><b>7/28</b> <b>Breakfast:</b> Assorted WG Muffin <b>Lunch:</b> Meatballs &amp; Marinara Sauce on a WG Roll Sweet Potato Waffle Fries</p>	<p><b>7/29</b> <b>Breakfast:</b> WG French Toast Sticks <b>Lunch:</b> WG 6" Round Pizza Bean Salad</p>	<p><b>7/30</b> <b>Breakfast:</b> WG Blueberry Pancakes <b>Lunch:</b> Cheeseburger on a WG Roll Baked French Fries</p>	<p><b>7/31</b> <b>Breakfast:</b> WG, RS, Fruity Cheerios <b>Lunch:</b> Turkey Ham &amp; Cheese on a WG Croissant 100% Vegetable Juice</p>	<p><b>Menu is Subject to Change:</b> Due to Availability of Food Items and Delays &amp; Closings</p>	

**\*\*Free Meals are available for children 18 years of age and under. Each child is eligible for 1 breakfast and 1 lunch per day\*\***