

Health discount program.

Be healthy. Save money.



Our health discount program helps you and your family save money on many health and wellness purchases not included in your standard health benefit plan. By visiting a participating (network) health provider, you can save on:

- **Dental care** — Cosmetic procedures such as teeth whitening
- **Vision care** — Laser eye surgery
- **Alternative care** — Massage therapy and natural medicine
- **Long-term care services** — Skilled nursing facilities, assisted living, respite programs and durable medical equipment

So many ways to save

Save on these wellness resources to help you live a healthier life:

- Weight management from Jenny Craig^{*1}, Nutrisystem[®] and other popular programs
- Fitness clubs² including Anytime Fitness[®], Curves[®], Gold's Gym[®], Jazzercise[®], Life Time Fitness[®], MyGym[®] and Snap Fitness[®]
- Fitness equipment and apparel
- Natural products and foods
- Stress reduction and relaxation resources
- Smoking cessation programs

How to get your discounts

Remember to always use your health benefits for covered services, and use the health discount program for those services that you must pay for yourself. No referrals are required for the health discount program, and there are no claim forms to submit. To locate network health care professionals, programs and online retailers:

- Visit **unitedhealthallies.com**, click on **First-Time users**: Create Account and follow the instructions.
- To search for a provider, program or online retailer, click **UnitedHealth Allies** and select a category (such as Alternative Care) and a specialty (such as Massage).
- For individual providers: Click **Select This Provider** to generate a discount confirmation. **Be sure to print the discount confirmation and take it with you to your appointment.** Note that the confirmation is simply your rate guarantee. You are under no obligation to visit the selected provider.
- Make an appointment, being sure to identify yourself as a UnitedHealth Allies[®] discount program member, and pay the discounted rate at the time of service.
- For national providers such as weight loss programs or our online shopping partners: Simply follow the instructions on the **Provider Profile** page to purchase products or services at the discounted rate. No confirmation is necessary.



Would you like to look better, feel better and save money?

Even if you already have medical, dental and vision coverage, as an enrolled health plan member, you can save even more money by using your health discount program.



If you have any questions, please call us at the toll-free phone number on your health plan ID card or **1-800-444-6222**, Monday through Friday, 8:00 a.m. to 6:00 p.m. ET.

TTY users can dial **711**.

Si usted necesita ayuda en español llame al número de teléfono en su tarjeta de identificación, 若需中文協助, 請致電 1-800-303-6719, 한국어로 도움이 필요하시면 1-888-201-4746, or the phone number on your ID card for help in English and other languages.

The health discount program is administered by HealthAllies®, Inc., a discount medical plan organization. **The health discount program is NOT insurance.** The discount program provides discounts at certain health care providers for medical services. The discount program does not make payments directly to the providers of medical services. The discount program member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. HealthAllies, Inc. is located at P.O. Box 10340, Glendale, CA, 91209, 1-800-860-8773, www.unitedhealthallies.com.

¹ Plus the cost of food and shipping where applicable. Discounts apply to membership fee only. Offer good at participating Centres and Jenny At Home in the United States.

² Availability varies by geographic area; applies to new memberships only Components subject to change. Administrative services provided by Oxford Health Plans LLC.

