

HOME ACTIVITIES FOR PRESCHOOLERS

FINE MOTOR ACTIVITIES

[Squeezing Water with Basters](#) – Add mini basters to a tub of water to work on squeezing the hand muscles.

[Pipe Cleaner Beading](#) – Preschoolers will use their pincer grasp to slide beads onto the pipe cleaners.

[Q-Tip Foil Painting](#) – Provide sheets of foil, paint, and q-tips to use as paint brushes.

[Garlic Press Playdough](#) – Show children how to squeeze playdough through a garlic press or citrus squeezer.

[Cut Straw Threading](#) – Cut straws into smaller pieces for preschoolers to thread onto yarn, creating a necklace.

[Hole Punching Paper](#) – Preschoolers will hole punch various colors of paper to strengthen hand muscles. (The Resourceful Mama)

[Bead Drop](#) – Cut out a lid with four small holes to drop beads through into a jar. (Modern Preschool)

[Peeling Tape](#) – Lay strips of painter's tape down on a table for toddlers to peel off. (Hands On As We Grow)

[Squeezing Sponges](#) – Include some giant sponges into a bin of water for squeezing. (Things to Share and Remember)

[Pipe Cleaner Weaving](#) – Preschoolers will weave pipe cleaners back and forth through a cooling rack. (JDaniel4's Mom)

[Pom-Pom Tube Drop](#) – Tape toilet paper tubes to the wall to create a course for the pom-poms to drop through. (Teaching Littles)

[Clothespin Clipping](#) – Provide a wire basket for children to clip clothespins onto. (School Time Snippets)

[Cutting Strips](#) – Print off these strips with lines for preschoolers to cut, working on their scissor skills. (Planes and Balloons)

[Easy Paper Tunnels](#) – Tape pieces of paper onto the ground in an arched formation for toddlers to push cars or a ball through. (Mama Papa Bubba)

[Rubber Band Pinecones](#) – Wrap rubber bands around pinecones to work on coordination. (The Imagination Tree)

MATH AND COGNITIVE SKILL ACTIVITIES

[Playdough Counting Mats](#) – Roll balls of playdough to match the number on the printable mats.

[Number Matching with Paper Cups](#) – Match the number on top of the paper cups with the amount of dots on the paper. (Fun Learning for Kids)

[DIY Counting Cards](#) – Make your own counting cards using stickers or dots. (Learn with Play at Home)

[Car Park Numbers](#) – Tape numbers on top of toy cars and create a cardboard parking lot with numbered spaces to match them together. (B-Inspired Mama)

[Shape Hunt](#) – Hide different shape cut-outs around your space for preschoolers to hunt for and find.

[Simple Shape Puzzles](#) – Draw shapes onto multiple popsicle sticks for homemade puzzle pieces. (Toddler At Play)

[Tape Shape Outlines](#) – Put down outlines of shapes using painter’s tape to trace around with different small objects. (Learning 4 Kids)

[House Color Hunt](#) – Have a scavenger hunt where preschoolers have to search for different objects around the house that match the colors on the sheet. (Toddler At Play)

[Shape Sorting](#) – Sort toys and various objects into piles on the floor by shape. (Busy Toddler)

[Fill to the Line](#) – Draw or tape a line over a clear container for preschoolers to fill to that line. (Days With Grey)

ART ACTIVITIES

[Circle Stampers](#) – Simply dip empty paper rolls into various colors of paint to make a stamp for circle shapes.

[Watercolor Garland](#) – Paint with watercolors and q-tips to create a beautiful decoration. (Artbar)

[Sponge Painting](#) – Clip sponges with clothespins to make sponge brushes. (Busy Toddler)

[Paper Plate Sculptures](#) – Decorate paper plates and cut the sides to connect the plates together. (Kids Activities)

[Fizzy Flour Paint](#) – Create your own flour paint that fizzes using flour and baking soda. (Playdough to Plato)

[Sponge Rainbow](#) – Paint the different colors of the rainbow on a sponge to swipe a rainbow onto paper.

[Blow Paint](#) – Use a straw to blow the watercolors around the paper, creating a fun effect. (Simple Everyday Mom)

[Yarn Process Art](#) – Drag the pieces of yarn around the paper through the paint. (Buggy and Buddy)

[DIY Paintbrushes](#) – Experiment with clipping various objects to clothespins to make unique paintbrushes. (The Inspired Home)

[Painting With Bubbles](#) – Use a paint and soap mixture to blow bubbles onto the paper, leaving an outline of them behind. (Early Learning Ideas)

[Citrus Printing](#) – Cut citrus fruits in half to stamp with paint, leaving behind a fun print. (Rhythms of Play)

LITERACY ACTIVITIES

[Introduce Journals](#) – Show your preschooler how journals are books for writing and drawing their thoughts in.

[Cupcake Tin Letter Sorting](#) – Preschoolers will sort out the letters into the correct cupcake liner. (The Imagination Tree)

[Post-It Alphabet](#) – Write down letters onto post-it notes for kids to stick under the matching letter. (Busy Toddler)

[Playdough Name Prints](#) – Push foam or magnetic letters into the playdough to make a print of the child's name letter by letter. (123 Homeschool 4 Me)

[Name Stamp](#) – Glue foam letters backwards to a popsicle stick to create a stamp. (My Bored Toddler)

[Touch and Feel Letters](#) – Glue pipe cleaners onto pieces of cardboard to create letters that toddlers can touch. (Teach Me Mommy)

[Sensory Letter Hunt](#) – Bury letters in a sensory bin for preschoolers to dig through and match onto the paper. (Busy Toddler)

[Hidden Letters](#) – Write down the child's name with white crayon for them to reveal with watercolors. (Fantastic Fun and Learning)

LARGE MOTOR ACTIVITIES

[Bubble Wrap Runway](#) – Tape leftover bubble wrap down onto the ground for toddlers to walk on and pop. (Hands On As We Grow)

[Hallway Maze](#) – Tape streamers to the walls of your hallway to make a laser maze to move through without touching the streamers. (It's Always Autumn)

[Indoor Obstacle Course](#) – Set up a simple obstacle course within your own home to promote movement. (How to Run a Home Daycare)

[Walk the Lines](#) – Lay lines of painters tape on the ground in various paths for toddlers to follow. (Hands On As We Grow)

[Texture Walk](#) – Tape various materials onto the ground for toddlers to walk on, experiencing all of the different textures. (A Cotton Kandi Life)

[Yoga for Kids](#) – Get the body moving and stretching with these yoga poses for young kids. (Kids Yoga Stories)

Here's some of our art activities that are perfect for preschoolers:

Art Activity Websites

<https://handsonaswegrow.com/35-kid-activities-with-crayons/>

<https://handsonaswegrow.com/kids-art-projects/>

- Crayons
- Markers
- Colored Pencils
- Watercolor
- Playdough
- Paper
- Tape
- Glue
- Glue Sticks
- scissors
- Incorporate outside
 - Leaves
 - Pinecones
 - Sticks
 - Snow
 - Dirt
- Environmental College
 - Newspaper
 - Magazines
 - Cardboard food containers

